

STRENGTHENING THE FAMILY TOGETHTER

FrüheHILFEN



Foto: © NZFH.at, Bruckmüller

Family support

for expectant parents and families with children from the age of 0–3 years old

Family support helps

Living with a child brings a lot of joy, but sometimes can also be confusing and overwhelming.

- ✦ unexpected changes occur during pregnancy
- ✦ there is little support from the partner or other family members
- ✦ the child needs more attention than you feel you can give
- ✦ there is not enough money anymore
- ✦ a family member experiences psychological or mental problems
- ✦ the daily life of the family becomes difficult

Finding the right help



please contact us:



www.fruehehilfen.at

Family support assists you and your family for free to get the right help:

From personal counselling to assistance with official channels (authorities), up to guidance and support with nursing, care and education for your child

Impressum: Gesundheit Österreich GmbH (GÖG), Nationales Zentrum Frühe Hilfen, Stubenring 6, 1010 Wien